

LIVING WELL WITH ARTHRITIS



# Rural Health Program

**BROKEN HILL SEMINAR: TUESDAY 15 AUGUST**

## VENUE

Broken Hill Civic Centre  
31 Chloride St, Broken Hill NSW 2880

## TIME

Registration: 9.30am, Presentation: 10am to 12.30pm  
(refreshments provided)

## PRESENTATION

The focus of our presentation will be about managing your arthritis effectively and how to actively be involved in your own health care

## COST

Gold coin donation to help sustain the Rural Health Program and help others to benefit from these seminars.

Bookings are essential.  
Please RSVP by 8th August

**To book call 02 9857 3300 or go to [arthritissw.org.au](http://arthritissw.org.au)**

Scan the  
QR code  
to book



**Arthritis**  
NEW SOUTH WALES